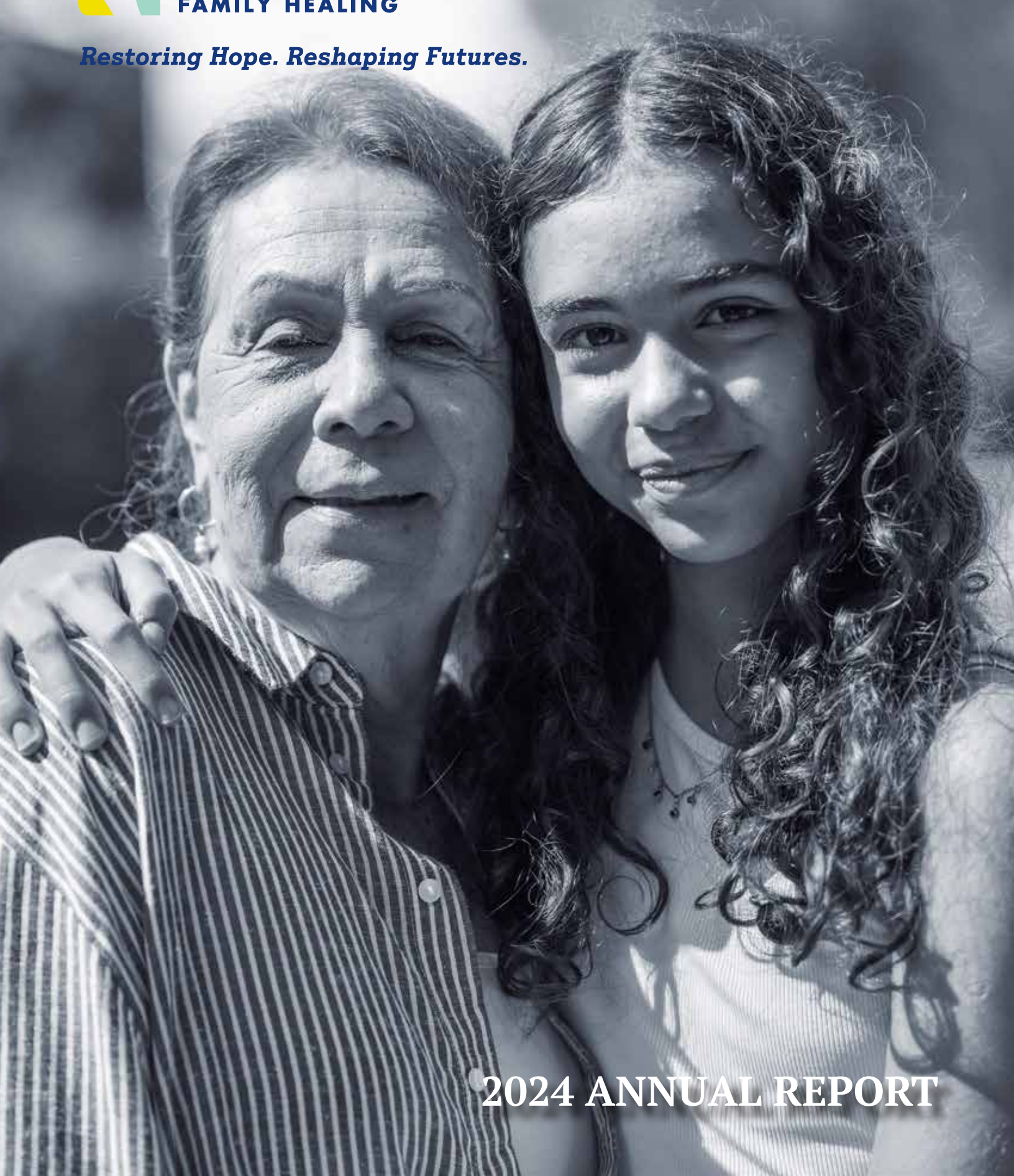




Restoring Hope. Reshaping Futures.



2024 ANNUAL REPORT

NEXUS-KINDRED FAMILY HEALING BOARD OF DIRECTORS

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President/CEO
Nexus Family Healing

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NEXUS FOUNDATION FOR FAMILY HEALING BOARD OF DIRECTORS

The Nexus Foundation for Family Healing exists to advance the mission and goals of Nexus and related entities by securing philanthropic investments to support operations, advance key strategic initiatives, enhance and expand services and promote long-term economic stability.

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Nexus Family Healing

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Dr. Michelle K. Murray, LMFT

Nexus Family Healing

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Executive Director

Karly Katchmark

Regional Director

Stacy Sikorski

Operations Director

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Regional Director

Kim Ricker

Finance Director

WHO WE ARE

Nexus-Kindred Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies with over 50 years of restoring hope for thousands of children, families, and adults through community mental health, foster care and adoption, and residential treatment services. We use innovative, personalized approaches to heal trauma, break cycles of harm, and reshape futures. We believe every child is worth it — and every family matters.

Changing With the Needs

Dear Supporters, Partners, and Nexus-Kindred Family Members,

I am pleased to share with you the Nexus-Kindred Family Healing 2024 annual report, a year in which 350 Minnesota youth and families were served through our foster care and adoption services, starting a path toward a brighter future. We provided safe and loving homes to hundreds of Minnesota youth through the work of 142 incredible foster families and our dedicated team of social workers.

As the mental health needs of youth in foster care become more complex, it is critical that foster parents have a network of support where they are surrounded by others walking their same path. This past year, we offered Share and Support virtual meetups that covered a variety of topics and offered space for questions and ideas across our foster parent network. Foster parents also connected through virtual trainings, orientations, and other get-togethers.

With your support, we provided access to recreational activities and special outings that not only support our youth's physical and mental needs but let "kids just be kids."

We were pleased to continue the tradition of our yearly Valley Fair event, featuring the Minnesota Vikings' food truck – a day of summer fun, reprise, and sharing of lives. Our involvement in the Tickets for Kids program offered youth in foster care, experiences to sports games, museums, theater, orchestra hall, art shows and more.

Our staff is committed to continuing education to best meet the needs of youth in our care. This past year, the Nexus-Kindred staff obtained a specific qualification for safety in community through Homeland Security. On-going training allows us to continue to provide effective, trauma-informed services to our youth and families and keep up with the latest needs.

We are so grateful for individuals like you who believe in our mission. We know, together, we can help even more children and families get the help they so desperately need and find a future filled with remarkable possibilities.



Dr. Michelle K. Murray
President/CEO
Nexus Family Healing



Nicole Mucheck
Executive Director

A handwritten signature in black ink that reads "Michelle Murray".

A handwritten signature in black ink that reads "Nicole Mucheck".

OUR MISSION

Changing the course of a child's life by stabilizing families and strengthening mental health.

OUR VISION

Healing the past. Breaking the cycle. Changing the future.

Who We Serve

When family systems break down or a crisis occurs, we're here to help. We work tirelessly to make sure every child is cared for in a safe and secure home—whether they need short-term care while a family is in transition or a permanent place to call their own.

Nexus-Kindred provides a range of foster care services, transitional supports, and adoption services across Minnesota.

Youth Served in 2024

350



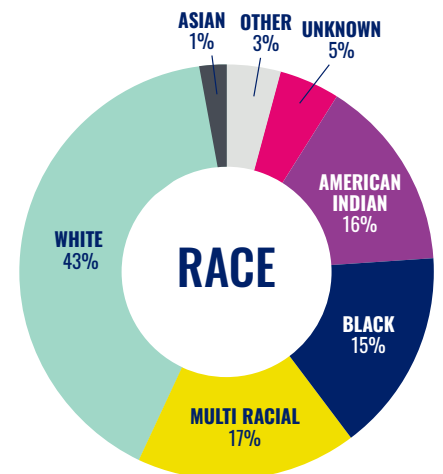
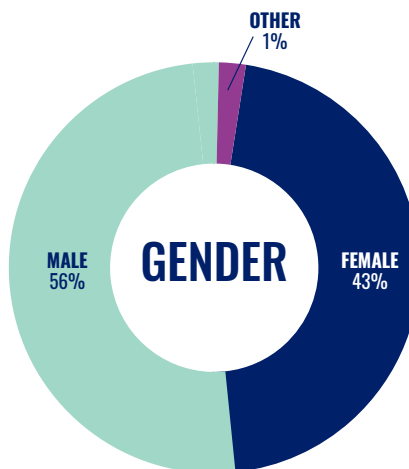
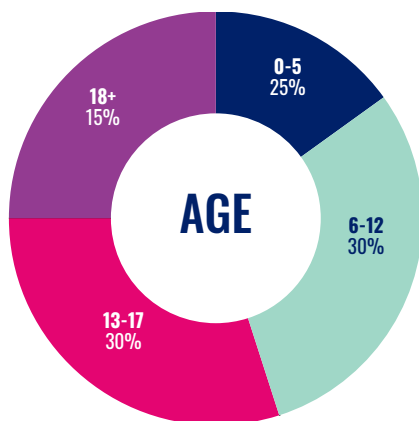
142

TOTAL ACTIVE FOSTER HOMES



25

NEWLY LICENSED FOSTER HOMES



Why Help Now Matters

When each youth enters our care, we use the Child and Adolescent Needs and Strengths Assessment to determine their level of care and address their behavioral health treatment plans. One of the areas this assessment evaluates is exposure to traumatic events.

Nearly 65% of the youth we serve, have experienced four or more traumatic events in their young lives, compared to 50% of the general population experiencing at least one traumatic event in their lifetime.

- 93% Disruptions in Caregiving/Attachment Loss
- 85% Neglect
- 67% Emotional Abuse
- 59% Parent Criminal Behavior
- 55% Witness to Family Violence
- 45% Physical Abuse
- 24% Sexual Abuse
- 19% Bullied by Others

In A Better Place

Knowing we can have a powerful impact on a child's life is why we do what we do.

We are so proud of the quality care our expert team members provide thousands of youth and families every year – helping them find a better place.

One year after working with Nexus-Kindred...



95% have a safe and stable place to live.



92% have more confidence in the future.



89% have a stronger connection to community and family.



84% feel they can address challenges better because our services.

Finding Family: A Kinship Adoption Story

With three sons, Matthew and Ingrid weren't planning to add any more kids to their already busy family. But when Matthew's nephew needed a forever home, they found themselves in the position for a kinship adoption. Kinship adoption allows a relative to adopt a child, helping children stay connected with family and maintain their identity.

"Being with family is so important," said Ingrid, "and I do think it's important for children to know their family, to know the people who are delivering them news about their parents...to help children understand why their parent isn't able to be involved in their life, and that it's not their fault, and their parents do love them, but can't take care of them."

Matthew himself was adopted as a baby and stayed in contact with his biological family. This is how he learned his biological sister had a son named Kash, who was in foster care. They reached out to Kash's case management team to ensure his current home was a good fit.

Originally, our hope was we could foster him, or at least visit him to make sure his current foster home was safe," Matthew said.

Ingrid was especially interested in Kash's welfare. "I expressed interest because I used to work in child protection," she said, "I was surprised when we found out about this that we hadn't heard anything sooner...I wanted to make sure he was in a good home with possibility for being his forever home."

However, when Kash was removed from his foster home, Matthew and Ingrid were contacted to take him. "We were called on a Thursday and told that the county wanted to place him with us, and we were like wow," Ingrid said. The transition was quick and sometimes difficult, especially for their youngest son adjusting to no longer being the "baby." "Every emotion you can feel, we felt," Ingrid said, "I was happy, sad, nervous...so many things, so much left to the unknown."

They received strong support from Nexus-Kindred, along with friends and family. "How the community, our friends and our family really helped and stepped up... we were getting meals delivered to our house, diapers, it was just cool to experience that, and know that we would be supported," Ingrid said tearfully, "and watching Kash form his relationship with his brothers, the little milestones like walking, taking him on an airplane, his little belly laugh..."

Nexus-Kindred offers support ranging from financial help for unexpected costs to trauma-informed care and connection to local resources. "I think it's really hard [Kinship]," Ingrid said. "I can't imagine how we'd have done it, if we hadn't had the support...they were super helpful – if there were certain things that we needed, like a car seat, they helped with that." Matthew added, "They kept us on track, but weren't pushy. They were sensitive to our situation and how busy we were."

Though kinship adoption allows children to stay with family, it comes with complex emotions. Generational trauma, eligibility challenges, and the feelings around biological parents can be difficult. "I think it's really normal in Kinship to have feelings of doubt, or not knowing if this is the right choice for your family," Ingrid said. "It takes a while to get to a place of accepting the situation...relying on talking to others and not being 100% sure when you start the process is okay."

Despite their fears, Matthew and Ingrid felt it was the right choice. Kash, now a toddler, is growing to love his parents and brothers. "One of my moments of joy was the day we brought Kash home, a bunch of the neighborhood kids were so excited for him," Ingrid said. "They were all gathered at the end of the driveway cheering for Kash."

Looking ahead, Matthew and Ingrid are hopeful about Kash's development and maintaining his relationship with his biological mother. "I'm happy to be there for Kash," Matthew said. "I love him."



Financials

CURRENT ASSETS	2024	2023
Cash and Cash Equivalents	\$ 181,676	\$ 301,506
Accounts Receivable	745,456	453,931
Grants Receivable	173,353	124,002
Prepaid Expenses	13,646	5,332
Total Current Assets	1,114,131	884,771

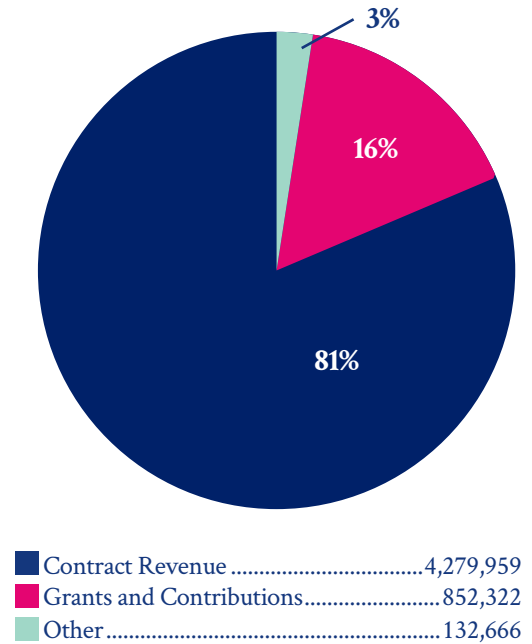
NONCURRENT ASSETS		
Equipment, Net	13,384	26,587
Right-of-Use Assets	158,739	256,829
Other	2,019	2,119
Total Noncurrent Assets	174,142	285,535
Total Assets	\$ 1,288,273	\$ 1,170,306

CURRENT LIABILITIES		
Accounts Payable	187,486	176,988
Due to Affiliates	3,578,860	3,237,663
Accrued Salaries and Benefits	204,596	168,827
Refundable Advances	13,682	63,383
Current Maturities of Lease Liabilities	68,768	110,583
Other Accrued Expenses	21,005	20,396
Total Current Liabilities	4,074,397	3,778,110

NONCURRENT LIABILITIES		
Lease Liabilities, Less Current Maturities	89,970	145,976
Total Liabilities	4,164,367	3,778,110

NET DEFICIT		
Without Donor Restrictions	2,904,167	2,753,780
With Donor Restrictions	28,073	-
Total Net Deficit	2,876,094	2,753,780
Total Liabilities and Net Deficit	\$ 1,288,273	\$ 1,170,306

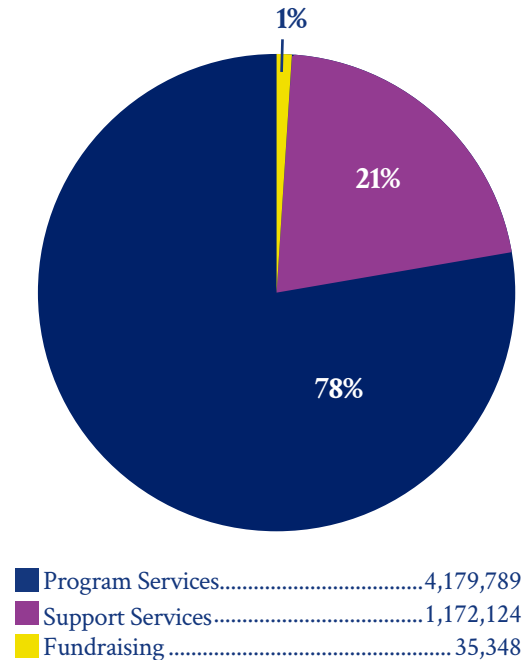
Revenue



Total **\$5,264,947**

**Contract Revenue consists of Federal, State/County, Insurance and Private Party Payments*

Expenses



Total **\$5,387,261**

Thank You for Your Support!



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