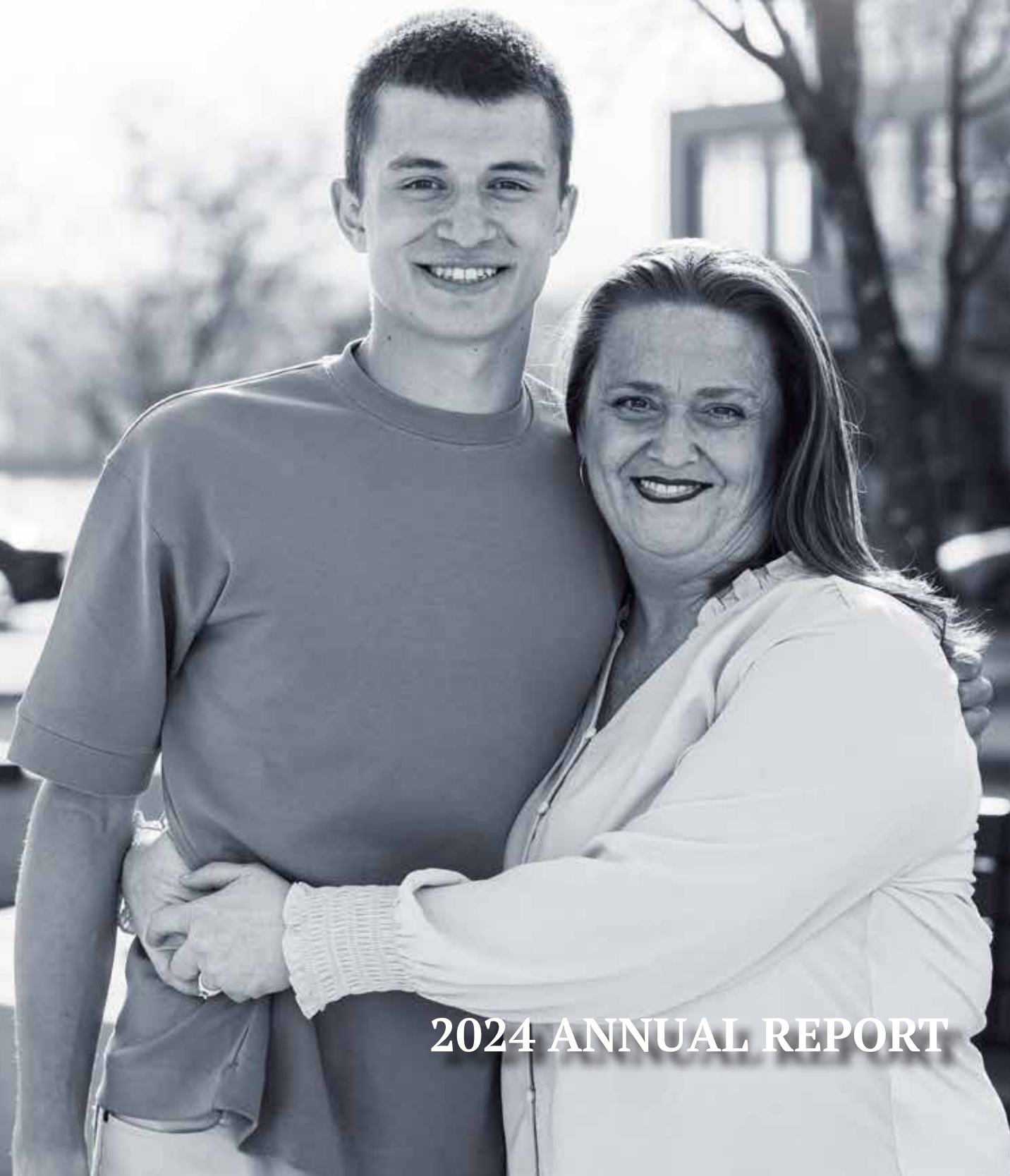




Restoring Hope. Reshaping Futures.



2024 ANNUAL REPORT

2024 BOARD OF DIRECTORS

Tamara Peters, Chairperson

Creative Care for Reaching Independence (CCRI)

Lori Brownshield, Vice Chairperson

Private Practice, Nurse Practitioner

Anna Carlson

Dacotah Foundation

Ashley Baker

Community Representative

Brady Pekas

Silver Leaf Property Management

Julie Ludwig

Community Representative

Kylie Schultz

Community Representative

Kate Coughlin

Nexus-PATH Family Healing

Lisa Bjergaard

North Dakota Division of Juvenile Justice

Dr. Michelle K. Murray

Nexus Family Healing

Margaret Vimont

Nexus Family Healing

Ray Tally

Bismarck Public Schools

Scott McGuire, Treasurer

Nexus Family Healing

FOUNDATION BOARD

The Nexus Foundation for Family Healing exists to advance the mission and goals of Nexus and related entities by securing philanthropic investments to support operations, advance key strategic initiatives, enhance and expand services and promote long-term economic stability.

Jeanne Sheehan, Chairperson

Community Leader

Perry Bacon

William Blair & Co., LLC

Joelene Evenson

Nexus Family Healing

Tere Geckle

Community Leader

Cynthia Leshner

Retired, Northern States Power Company - Minnesota

Eric Mercer

PwC

Dave Metzen, Ed.D.

Retired, State of MN Office of Higher Education

Dr. Michelle K. Murray, LMFT

Nexus Family Healing

NEXUS-PATH FAMILY HEALING LEADERSHIP

Kate Coughlin

Executive Director

Tonya Greywind

Associate Executive Director

Kris Ryan

Operations Director – Luther Hall

Jennifer Hinze

Operations Director – Foster Care

Amber Huseth

Finance Director

Kelsey Monson

Regional Director – Foster Care

Becca Clemenson

Human Resources Manager

Heidi Hanson

Accounting Manager

Tracy Johnson

Training Coordinator

Kimberly Brandt

Compliance Coordinator

Cari Drees

Marketing Manager

Colleen Hardy

Regional Development Director – North Dakota
Nexus Foundation for Family Healing

OUR MISSION

Changing the course of a child's life by stabilizing families and strengthening mental health.

Access to Care

Dear Supporters, Partners, and Nexus-PATH Members,

I am so pleased to share with you the Nexus-PATH Family Healing 2024 annual report, a year in which 1,156 youth and families in North Dakota found critical support and mental health care needed to start a path toward a brighter future.

It is hard to fathom that over half of those who need mental health care are not getting it because of factors such as cost, insurance, and access. We hear stories every day about the difficult journeys families face in finding appropriate support, and how the lack of access to care is leading to unimaginable, often tragic, situations.

At Nexus-PATH, we are committed to increasing access to care through launching new programs, expanding our services, and advocating that current programs remain funded and strong. We are so grateful to all of you who fearlessly work alongside us in this commitment.

Together, this past year, we increased specialized mental health care services for North Dakota youth in the following ways:

- For youth in foster care with a diagnosis of complex mental or behavioral health issues, they now have a whole team of experts in their corner providing extra, intensive support with our new wrap-around Treatment Foster Care services.
- New and expanded school partnerships provided more youth with preventative-level care, avoiding more intense issues in the future.
 - ♦ West Fargo Public Schools now have therapy services.
 - ♦ Fargo Public Schools Explorer Academy, the first K-8 special education day school, now has therapy and case management services.
 - ♦ Our school program in Minot is stronger through additional case management support.

Your support has also helped existing programs stay vibrant and strong. You have provided access to recreational activities and special outings that not only support our youth's physical and mental needs but let "kids just be kids." And, you have helped to boost aftercare programs, where youth leaving our foster care program aren't just cut off from support but have help transitioning out of care and moving forward on their own.

There are so many more examples where you are making a real, life-saving difference to others. Our commitment to increase access to mental health care is unwavering. We know, together, we can help children and families get the help they so desperately want and find a future filled with remarkable possibilities.



Dr. Michelle K. Murray
President/CEO
Nexus Family Healing



Kate Coughlin
Executive Director

Two handwritten signatures in black ink. The signature on the left is 'Michelle Murray' and the signature on the right is 'Kate Coughlin'.

Who We Serve

Youth & Families
Served in 2024

1,156



596

COMMUNITY MENTAL HEALTH



585

FOSTER CARE



36

RESIDENTIAL SERVICES

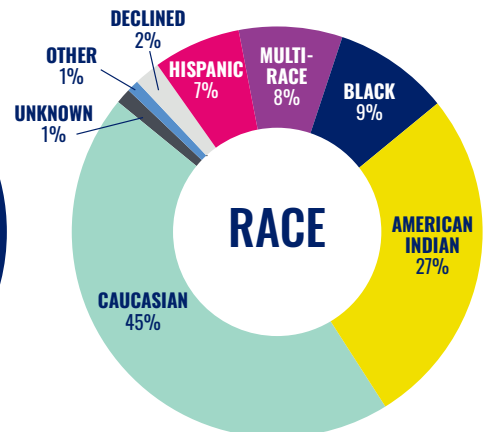
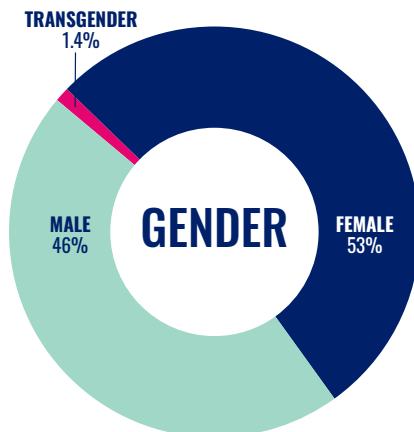
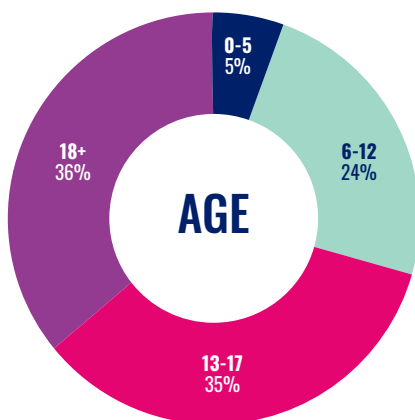
Why Help Now Matters

The youth we serve simply cannot wait for access to care which is why we fight so hard to sustain the programs we have and launch new ones.

When each youth enters our care, we use the Child and Adolescent Needs and Strengths Assessment to determine their level of care and address their behavioral health treatment plans. One of the areas this assessment evaluates is exposure to traumatic events.

Nearly 64% of the youth we serve have experienced four or more traumatic events in their young lives, compared to 50% of the general population experiencing at least one traumatic event in their lifetime.

- 90% Disruptions in Caregiving/Attachment Loss
- 62% Neglect
- 60% Witness to Family Violence
- 59% Parental Criminal Behavior
- 52% Emotional Abuse
- 38% Physical Abuse
- 35% Bullied by Others
- 24% Sexual Abuse



In A Better Place

Knowing we can have a powerful impact on a child's life is why we do what we do.

We are so proud of the quality care our expert team members provide thousands of youth and families every year – helping them find a better place.

One year after working with Nexus-PATH...



95% feel their life is better because of the services received.



96% have a safe and stable place to live.



91% have more confidence in the future.



89% feel they can address challenges better because our services.



92% reported their connection to community and family strengthened due to our services.

Lily's Story

Before finding support through Nexus-PATH Family Healing, Lily faced hardships no child should have to experience.

Lily and her mother were living in chronic homelessness, struggling every day to find stable housing and meet basic needs. After tragically witnessing the death of her father—the family's provider—Lily and her mother were not only grieving but navigating emotional trauma and financial challenges. With Lily's mother lacking a job, the two of them were left without a path forward.

"When we met Lily, she was sleeping for six hours a day in school, cussing at staff, even assaulting a school team member," said Maddie Hawes, Social Worker Supervisor with Nexus-PATH Family Healing. "She had significant behavior issues and was showing signs of other physical health issues."

Maddie works with youth and families through Nexus-PATH's School Linked Services—a strengths-based service designed to supplement traditional support available in local schools. Its goal is to enhance the student's functioning within the home, school, and community.

Nexus-PATH collaborated with the school to find the reasons behind Lily's concerning behavior, starting by examining Lily's home life and health needs.

In addition to lacking stable housing, Lily was dealing with a number of physical health challenges. Without a permanent address, Lily and her mother couldn't access Medicaid to receive the care they needed. Maddie and the team decided this was the first place to start.

Maddie recalls, "I went to the school and asked, 'If I hand-held Lily's mom to get Medicaid, would you refer her to me?' I knew if we didn't address her physical needs first, her mental health would not improve."

Every Monday for the next three months, Maddie traveled to the nearest Medicaid office, assisting Lily's mom through the application process.

"It got to the point where I was bringing donuts to the office workers," said Maddie. "Finally, their paperwork went through and we immediately worked to address Lily's physical health needs, and things took off that summer."

Maddie helped Lily get into multiple appointments, from visiting the doctor's office to the dentist. She received medication for diabetes, had cavities filled, and eventually found out she needed glasses.

"Her teachers were worried she couldn't read," said Maddie. "It turns out, she just couldn't see the board!"

Now that Lily's physical health needs were addressed, Maddie and the Nexus-PATH team turned their focus to her emotional and social needs.

Through Nexus-PATH's programs, she started participating in social skills groups with other youth to build positive relationships. Slowly, Lily opened up to her peers, grew friendships, and learned how to manage her feelings in healthy ways. These efforts led to real progress.

"She stabilized a lot that summer," said Maddie. "We did a lot of relationship building, and I was helping her mom find stable housing and both of them mental health services."

Lily's mom also found employment and established consistency in their home life. Lily even got a puppy, which not only brought her joy, but a sense of responsibility and purpose as she learned how to care for an animal, walking and feeding it every day.

"The changes in Lily have been drastic," said Maddie. "We went from her needing extreme management and care throughout the school day to now going to school full days, engaging in class, doing her assignments, and in three general education classes...it's so much progress."



Financials

CURRENT ASSETS	2024	2023
Cash and Cash Equivalents	\$1,472,721	\$778,070
Accounts Receivable, Net	1,503,769	1,981,323
Grants Receivable	186,680	356,176
Prepaid Expenses	46,065	38,006
Total Current Assets	3,209,235	3,153,575

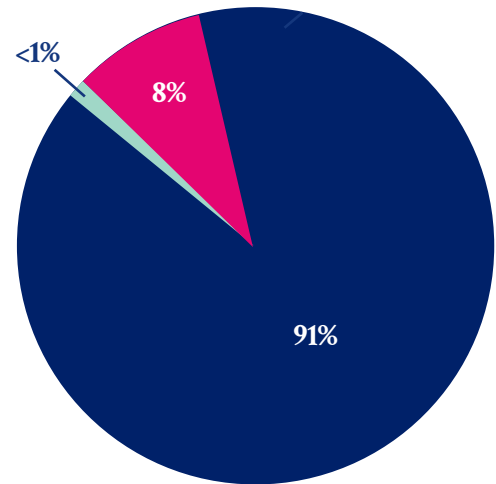
NONCURRENT ASSETS		
Property and Equipment, Net	232,756	1,498,356
Right-of-Use Assets	1,914,546	2,615,529
Goodwill	51,000	51,000
Assets Held for Sale	1,193,836	—
Total Noncurrent Assets	3,392,138	4,164,885
Total Assets	\$6,601,373	\$7,318,460

CURRENT LIABILITIES		
Accounts Payable	369,856	333,482
Due to Affiliates	1,086,794	892,626
Accrued Salaries and Vacation	695,891	555,695
Current Maturities of Lease Liabilities	911,906	705,251
Refundable Advances	76,667	75,000
Other Accrued Expenses	35,023	105,022
Note Payable, Current Portion	—	170,728
Total Current Liabilities	3,176,137	2,992,804

NONCURRENT LIABILITIES		
Lease Liabilities, Less Current Maturities	1,002,640	1,760,278
Note Payable, Less Current Portion	—	43,343
Total Noncurrent Liabilities	1,002,640	1,803,621
Total Liabilities	4,178,777	4,796,425

NET ASSETS		
Without Donor Restrictions	2,409,571	2,507,535
With Donor Restrictions	13,025	14,500
Total Net Assets	2,422,596	2,522,035
Total Liabilities and Net Assets	\$6,601,373	\$7,318,460

Revenue

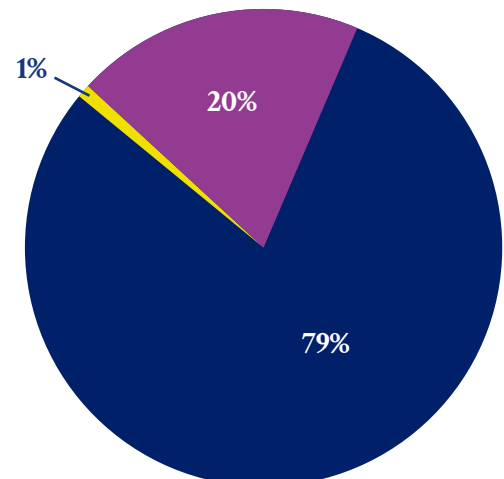


Contract Revenue	15,172,142
Donations, Grants, Events.....	1,295,642
Other	38,977

Total..... \$16,506,761

**Contract Revenue consists of Federal, State/County, Insurance and Private Party Payments*

Expenses



Program	13,214,942
General and Administrative	3,270,011
Fundraising	121,247

Total..... \$16,606,200

Thank You for Your Support!



Connect with Us!

Follow Nexus-PATH @NexusPATHFamilyHealing on Facebook & Instagram and Nexus Family Healing on     YouTube

Sign up for news and happenings at nexusfamilyhealing.org/subscribe >>

Visit our website at NexusFamilyHealing.org



Nexus-PATH Family Healing Offices

Administration

1202 Westrac Drive, Suite 400
Fargo, ND 58103
(701) 280-9545

Bismarck

600 South Second St., Suite 220
Bismarck, ND 58504
(701) 224-9611

Devils Lake

1820 E Walnut St., Suite 5
Devils Lake, ND 58301
(701) 662-4913

Dickinson

1674 15th St W., Unit 3
Dickinson, ND 58601
(701) 225-3310

Fargo

1202 Westrac Drive, Suite 100
Fargo, ND 58103
(701) 280-9545

Grand Forks

4324 University Ave., Suite C
Grand Forks, ND 58203
(701) 775-7725

Luther Hall

1505 5th Ave S
Fargo, ND 58103
(701) 232-8905

Minot

2050 36th Ave SW
Minot, ND 58701
(701) 839-8887

Turtle Mountain

PO Box 1970
152 John Norquay Street
Belcourt, ND 58316
(701) 477-0525



NEXUS-PATH FAMILY HEALING | 701.280.9545 | NEXUSPATH.ORG

Nexus-PATH Family Healing is a nonprofit organization and is a tax-exempt public charity under section 501(c)(3) of the Internal Revenue Code, EIN 91-2159746.