



Restoring Hope. Reshaping Futures.



2024 ANNUAL REPORT

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NEXUS FOUNDATION FOR FAMILY HEALING

The Nexus Foundation for Family Healing exists to advance the mission and goals of Nexus and related entities by securing philanthropic investments to support operations, advance key strategic initiatives, enhance and expand services and promote long-term economic stability.

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Nexus Family Healing

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WHO WE ARE

Nexus-Woodbourne Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies. For over 50 years, Nexus has used innovative, personalized approaches to heal trauma, break cycles of harm and reshape futures. We provide community mental health, crisis and stabilization, foster care and adoption, and residential treatment services to help thousands of children, families and adults each year struggling with emotional, behavioral, and mental health issues. We are especially passionate about bringing hope to the most challenging situations.

Growth, Innovation and Meaningful Experiences

At Nexus-Woodbourne Family Healing, **we understand the profound impact that emotional and behavioral mental health challenges** have on youth, their families, and the broader community. Too often, accessing the right support feels out of reach.

As mental health continues to present significant and often overwhelming obstacles, we remain **committed to strengthening support systems and enhancing the continuum of care** and we do so with the same strength and resilience we see every day in the youth and families we serve.

Thanks to your support, 2024 was a year of growth, innovation, and meaningful experiences for the youth and families we serve. With an expansion of community partnerships and continued focus on healing, connection, and long-term impact, we advanced key initiatives that enriched programming, celebrated youth success, and strengthened our community:

- **Expansion of recreational programming**, offering youth more opportunities for structured on-campus activities, targeted therapeutic groups, and increased community engagement through partnerships and off-site outings. These enhancements promote social development, resilience, and connection with the broader community.
- Launch of **Life After Woodbourne**, a special event where alumni and youth who have transitioned on from our care, shared personal stories about their journeys post-treatment. Families, staff, and peers gathered to hear inspiring accounts of overcoming challenges, achieving goals, and building meaningful lives beyond Woodbourne.
- Introduction of the first-ever **Nexus-Woodbourne Unit Olympics**, fostering teamwork, healthy competition, and community spirit. Youth and staff participated in a month-long series of events, culminating in one unit earning the championship banner and celebrating their shared accomplishment.
- **Integration of AutoCAD software and 3D printing** into the carpentry vocational program, combining traditional trade skills with cutting-edge technology. This enhancement equips youth with practical, in-demand skills that increase future educational and employment opportunities.

The progress we've made is only possible because of you. Your generosity fuels the work that we do for those who need it most. As we look ahead to 2025 and beyond, we remain dedicated to closing gaps in care and expanding access for more youth and families. We are honored to continue this life-changing work together, with your partnership paving the way forward.

Michelle Murray *Bryon Fracchia*



Dr. Michelle K. Murray
President/CEO
Nexus Family Healing



Bryon Fracchia
Executive Director

OUR MISSION

Changing the course of a child's life by stabilizing families and strengthening mental health.

OUR VISION

Healing the past. Breaking the cycle.
Changing the future.

Who We Serve

Youth Served
in 2024

200



108

RESIDENTIAL TREATMENT



92

TREATMENT FOSTER CARE

Our Services

At Nexus-Woodbourne we work with youth and families facing some of the most complex trauma and mental health challenges to find hope and healing. Our services include:

Residential Treatment

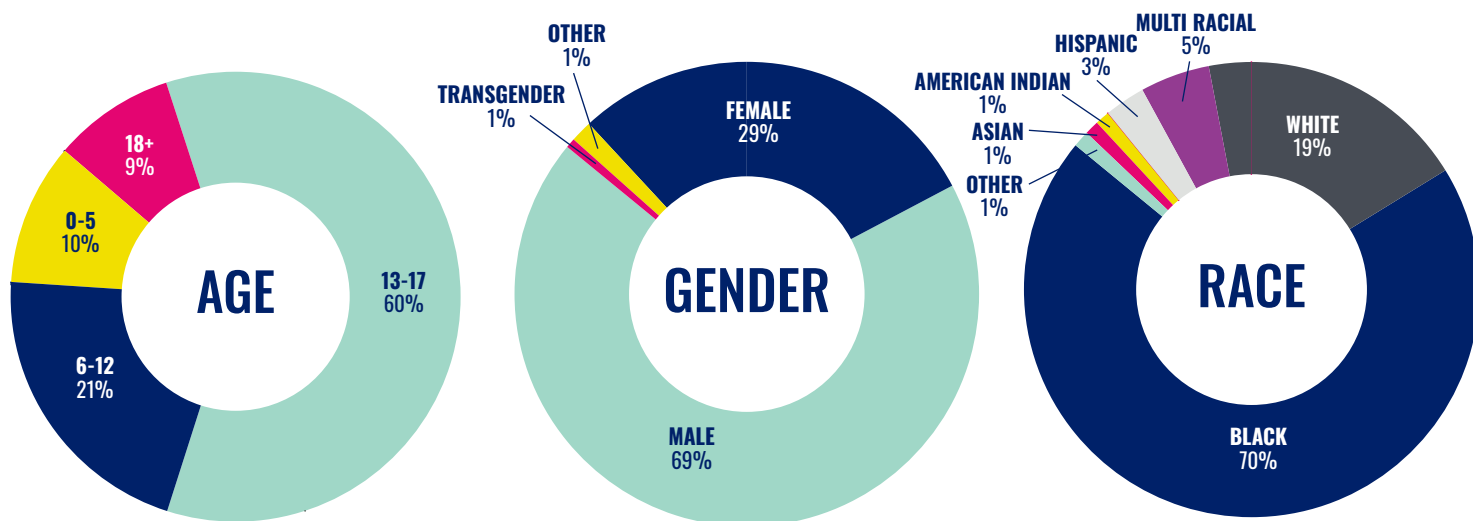
Our program serves youth ages 12-18 struggling with their mental, behavioral, and emotional health and youth who have been or are at risk of commercial exploitation. We provide a safe, trauma-informed environment and intensive therapeutic supports that gives youth the tools to live safely with their families, within their communities or to live independently.

On-Campus Education

All students are capable of academic achievement, regardless of their history, mental health diagnosis, or their past school experience. Our clinical, medical and education program staff work in tandem so that each youth has an educational experience that supports them moving toward their newly discovered potential.

Treatment Foster Care

When a family system breaks down or a crisis occurs, we're here to help. Our Treatment Foster Care program trains and licenses treatment foster care parents to provide in-home care to youth who need a safe, stable home environment and mental health services.



The Youth We Serve

When each youth enters our care, we use the Child and Adolescent Needs and Strengths Assessment, a worldwide tool used to determine their level of care and address their behavioral health treatment plans. One of the areas this assessment evaluates is exposure to traumatic events. **73% of youth in our residential care have experienced four or more traumatic events in their lifetime** compared to 50% of the general population experiencing at least one traumatic event in their lifetime.

- 80% Disruptions in Caregiving/Attachment loss
- 52% Neglect
- 44% Physical Abuse
- 43% Witness to Community/School Violence
- 40% Parental Criminal Behavior
- 40% Witness to Family Violence
- 37% Bullied by Others
- 35% Emotional Abuse
- 30% Sexual Abuse

Support Today Stops Struggles Tomorrow

At Nexus-Woodbourne, we provide hope and healing in even the most complex and challenging situations because we know if there is no help it can lead to increased suicide rates, chronic health conditions, poor school performance, involvement in the juvenile justice system, homelessness, substance abuse, and more.

Access to services such as ours is critical in addressing acute needs. Together, with your support, we can help more youth find a better place.

When youth enter our residential services, they are struggling with multiple areas of need such as anger control, anxiety, depression, emotional regulation, adjustment to trauma, family functioning, and much more.

After completing treatment at Nexus-Woodbourne, the number of behavioral health needs of youth in our care had decreased by 25% putting them in a place to better navigate their futures.



The Impact of Community Support *Huddle Up for Health*

At Nexus-Woodbourne Family Healing, we believe that healing does not end when youth leave our care, it evolves. Supporting our youth through their transitions is vital to their long-term success. We were proud to be selected as the recipient of the **Huddle Up for Health** grant, a collaborative initiative between **CareFirst BlueCross BlueShield** and the **Baltimore Ravens** aimed at addressing public health challenges and health disparities.

Chosen from more than 100 applicants, Nexus-Woodbourne was honored for our ongoing commitment to serving youth who are navigating complex mental and behavioral health challenges. The \$50,000 grant has been instrumental in expanding our **Care Transition Program**, which supports youth as they reintegrate into their communities after treatment.

*The goal is to ensure each youth
has a roadmap to succeed
outside our campus.*

With this support, our youth receive enhanced continuity of care including resources and personalized guidance to build on the skills and stability they developed during their time with us. **The goal is to ensure each youth has a roadmap to succeed outside our campus.**

The recognition extended beyond the financial when we were honored at the Baltimore Ravens versus Seattle Seahawks game where representatives were invited onto the field to celebrate this impactful partnership. The moment brought visibility to the vital work being done every day by our staff and the resilience of the youth we serve.

We are deeply grateful to CareFirst and the Ravens for standing beside us. Together, we are redefining what recovery looks like and showing youth that their futures are full of hope and possibilities.



“Now with this generous award from CareFirst and the Baltimore Ravens, we can further support their recovery through a care transition program that will help our youth be successful as they rejoin their community and redefine their future,” said Bryon Fracchia, Executive Director of Nexus-Woodbourne.

Financials

CURRENT ASSETS	2024	2023
Cash and Cash Equivalents	\$ 543,736	\$ 625,358
Operating Investments	874,287	776,848
Accounts Receivable	2,519,778	2,282,839
Other Accounts Receivable	84,511	686,198
Prepaid Expenses	26,494	221,967
Total Current Assets	4,048,806	221,967

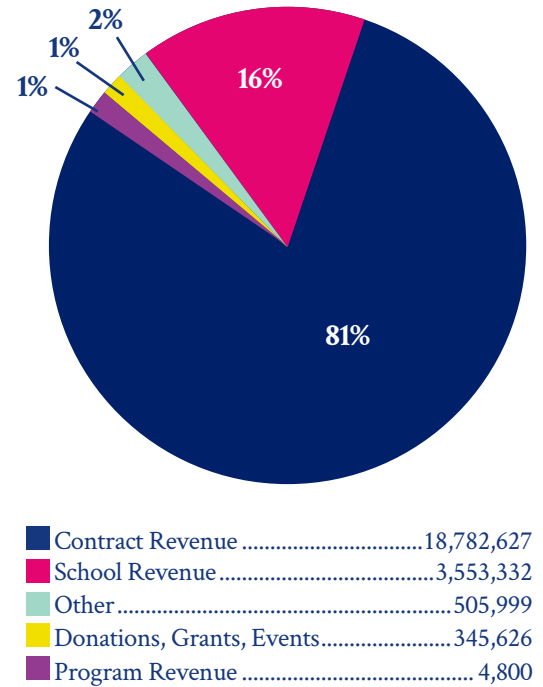
NONCURRENT ASSETS		
Due from Affiliates	313,446	123,777
Beneficial interest in assets held by community foundation	347,013	307,805
Beneficial interest in charitable trusts held by	4,680,783	4,444,978
Other	2,019	2,119
Total Noncurrent Assets	5,341,242	4,876,560
Property and Equipment	2,946,477	3,217,876
Operating Right-of-Use	269,269	176,557
Total Assets	\$12,605,794	\$ 12,864,203

CURRENT LIABILITIES		
Accounts Payable	464,086	1,361,751
Accrued Salaries and Benefits	887,516	1,167,133
Current portion of long-term note payable	-	41,867
Current maturities of operating leases	43,905	41,310
Total Current Liabilities	1,395,507	2,612,061

NONCURRENT LIABILITIES		
Lease Liabilities, Less Current Maturities	225,364	135,247
Total Liabilities	1,620,871	2,747,308

NET ASSETS		
Without Donor Restrictions	6,255,217	5,622,994
With Donor Restrictions	28,073	-
Total Net Assets	10,984,923	10,116,895
Total Liabilities and Net Assets	\$12,605,794	\$12,864,203

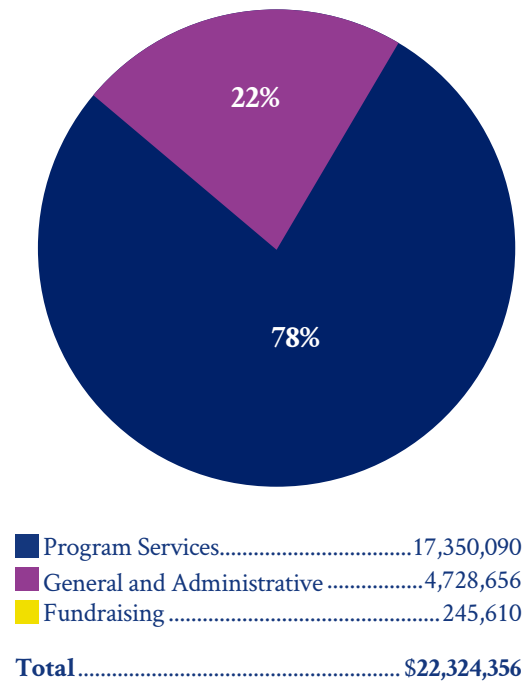
Revenue



Total **\$23,192,384**

**Contract Revenue consists of Federal, State/County, Insurance and Private Party Payments*

Expenses



Total **\$22,324,356**

Thank You for Your Support!



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& Nexus Family Healing on     YouTube

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Visit our website at NexusFamilyHealing.org.

Nexus-Woodbourne Family Healing

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