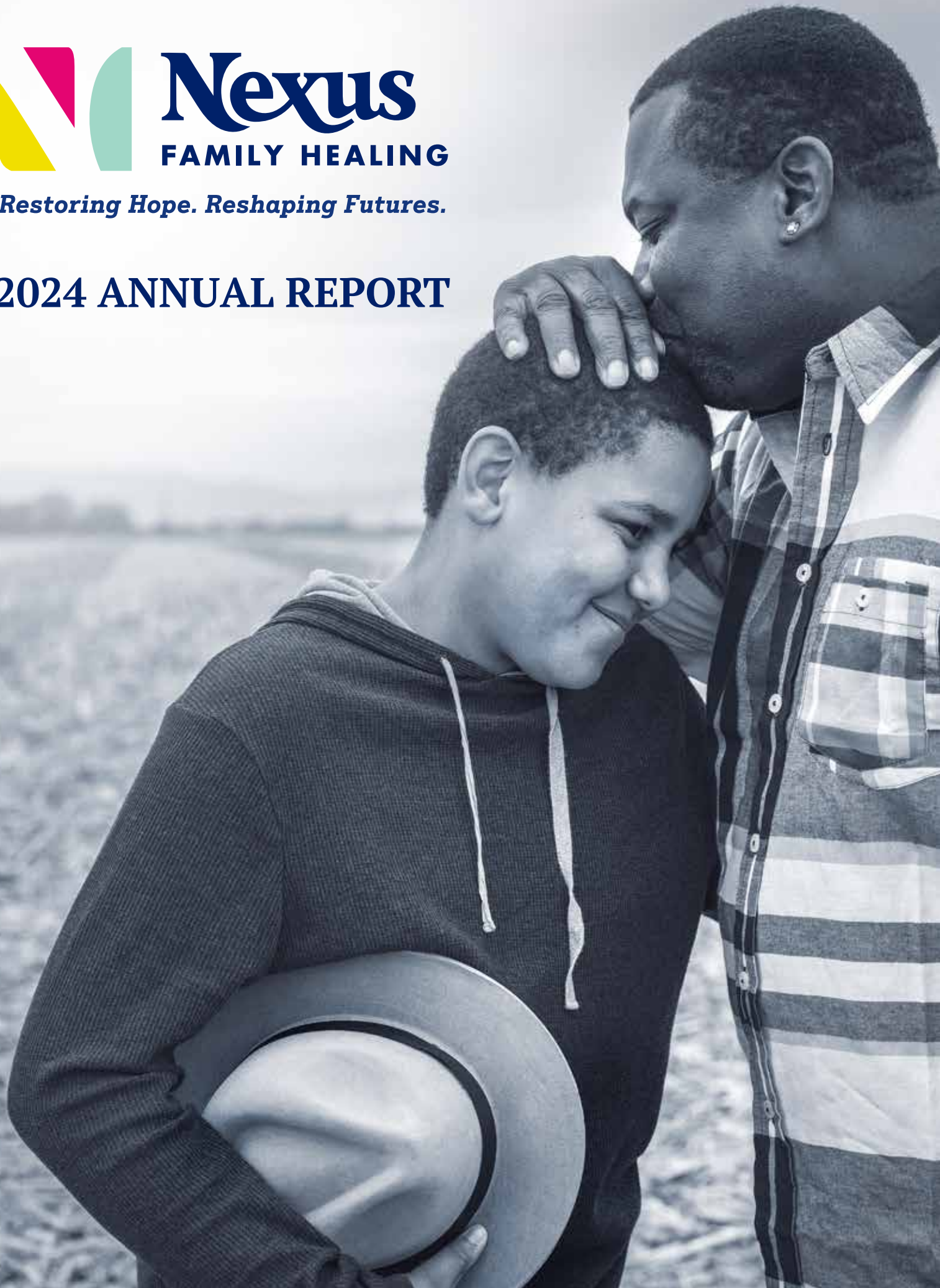




*Restoring Hope. Reshaping Futures.*

## 2024 ANNUAL REPORT



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OUR MISSION

Changing the course of a child’s life by stabilizing families and strengthening mental health.

NEXUS FOUNDATION FOR FAMILY HEALING BOARD OF DIRECTORS

- The Nexus Foundation for Family Healing exists to advance the mission and goals of Nexus and related entities by securing philanthropic investments to support operations, advance key strategic initiatives, enhance and expand services and promote long-term economic stability.
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Nexus Family Healing
- NEXUS FAMILY HEALING LEADERSHIP
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Vice President of Learning & Culture

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Vice President of Quality & Evaluation

**Dale Lozo**  
Chief Information Officer

**Jen Van Zandt**  
Vice President of Marketing & Strategy

**Ken Varble, Ed.D.**  
Vice President of Accounting

Access to Care

Dear Supporters, Partners, and Nexus Members,

I am so pleased to share with you the Nexus Family Healing 2024 annual report, a year in which **nearly 4,700 youth and families found the critical mental health care** needed to start a path toward a brighter future.

Because of you, more individuals in our communities are getting the mental health care they need, and those already in our care are experiencing strong, impactful programs.

Every day, families face the difficult journey of finding appropriate support. We hear stories every day about the difficult journeys families face and how the lack of access to care is leading to unimaginable, often tragic, situations.

At Nexus, year after year, we work to increase access through launching **new programs, expanding our services**, and advocating that **critical programs currently in place** remain funded and strong. We are so grateful to all of you who fearlessly work alongside us in this commitment.

Together, this past year, we added:

- More Minnesota families facing mental, behavioral and emotional crisis are getting in-person immediate help through extended hours and a wider range of clients served by our Family Response and Stabilization Services program.
- North Dakota youth in foster care with a diagnosis of mental or behavioral health issues now have a whole team of experts in their corner providing extra, intensive support with our new wrap-around Treatment Foster Care services.
- Youth in Oregon, who have mental and behavioral health challenges and are involved in the juvenile justice system, now have restorative support as our expert staff provides assessments, and a healing environment while justice issues are being sorted through.

You have also helped **existing programs stay vibrant and strong:**

- You have provided access to recreational activities and special outings that not only support our youth’s physical and mental needs but let “kids just be kids.”
- You have boosted aftercare programs, where youth leaving our residential programs or foster care, aren’t just cut off from support but have help transitioning out of care and moving forward on their own.
- Your support ensures individuals experiencing a mental health crisis who are living in the under-served mental health area of southeast Minnesota can continue to count on immediate access to care through the Southeast Regional Crisis Center.

There are so many more examples where you are making a real, **life-saving difference** to others. Our commitment to increase access to mental health care is unwavering. We know, together, we can help children and families get the help they so desperately want and find a future filled with remarkable possibilities.





Dr. Michelle K. Murray  
President/CEO  
Nexus Family Healing



Lisa Bjergaard  
Chairperson



# Who We Serve

Clients Served in 2024

4,664

 **1,337**  
COMMUNITY MENTAL HEALTH

 **1,777**  
CRISIS & STABILIZATION

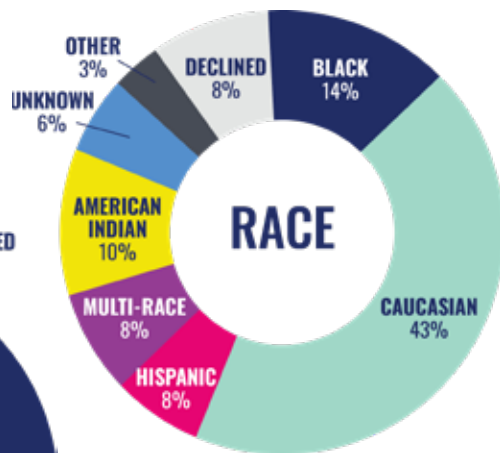
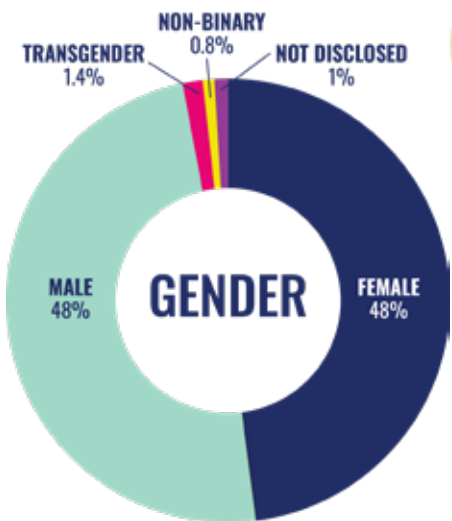
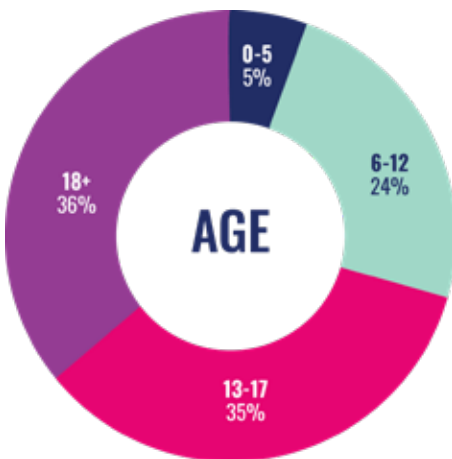
 **1,034**  
FOSTER CARE & ADOPTION

 **707**  
RESIDENTIAL SERVICES

When each youth enters our care, we use the Child and Adolescent Needs and Strengths Assessment to determine their level of need and address their behavioral health treatment plans. One of the areas this assessment evaluates is exposure to traumatic events.

Nearly 60% of the youth we serve have experienced four or more traumatic events in their young lives, compared to 50% of the general population experiencing at least one traumatic event in their lifetime.

- 73% Disruptions in Caregiving/Attachment Loss
- 56% Emotional Abuse
- 52% Neglect
- 51% Witness to Family Violence
- 46% Physical Abuse
- 39% Parental Criminal Behavior
- 39% Bullied by Others
- 35% Sexual Abuse
- 24% Witness to Community /School Violence



# Support today stops struggles tomorrow

The youth we serve simply can't wait for mental health care. When mental health is untreated it can lead to increased suicide rates, chronic health conditions, poor school performance, involvement in the juvenile justice system, homelessness, substance abuse, and more. Access to services is critical, and together, with your support, we can help more youth in need.

We are so proud of the quality mental health care our expert team members provide thousands of youth, adults, and families every year – helping them find a better place.

One year after treatment with Nexus...



**98%** of youth reported being engaged in school or work.



**95%** reported that they had a safe and stable place to live.



**81%** reported feeling connected to their community.



**92%** believed that their lives were better because of what they learned in the program.



**93%** of families of clients say that they are satisfied with the services their child received.

# Taylor’s Story

At 17, Taylor\* was experiencing repeated outbursts of intense anger. Her behavior wasn’t just emotionally charged—it was taking a toll on her entire family. As the situation grew more volatile, her parents became increasingly fearful, unsure of how to keep their daughter or their home safe. One night, at 11 p.m. in the dead of winter, they made a desperate call to Nexus Family Healing’s Family Response and Stabilization Services (FRSS).

“There was so much discord and friction,” said Kayla Renney, Program Manager for FRSS, “Her caregivers had felt that because there were so many things needed to be done to repair the relationship, they didn’t think they’d be able to get help.”

One of the most impactful elements of FRSS is its rapid response. The team arrived in-person within an hour—something they’re able to do 24/7, 365 days a year. That immediate support was a turning point.

“Taylor and her family’s story truly illustrate the critical role—and the life-changing impact—of the youth crisis services we provide here at Nexus Family Healing,” said Renney. “It highlights the importance of our crisis response model, which is the only one of its kind in the entire state of Minnesota.”

In the following days and weeks, Taylor’s family received three additional in-home visits and eight weeks of stabilization services. The FRSS team focused not only on crisis de-escalation but also long-term healing. Taylor began individual therapy to address underlying trauma, while the family worked with an in-home therapist to rebuild communication and trust.

*Taylor’s behavior had stabilized. Her family felt more connected and supported. They were hopeful again.*

This early intervention helped Taylor avoid hospitalization, juvenile detention, or being removed from her home—all too common outcomes when youth in crisis don’t get support. The structure of the program gave her the tools to develop healthier coping skills and start to feel more secure.

By the time services wrapped up, the shift was clear. Taylor’s behavior had stabilized. Her family felt more connected and supported. They were hopeful again—and had access to long-term resources to help maintain their progress.

“This is just one of many stories that remind us that youth crisis services are not just about responding to suicide risk,” said Renney, “which is also an important part of our work, but the uniqueness of our crisis model is that we allow our families to define their crisis, and they do not need to reach anyone’s defined level of need but their own.”

Thanks to the timely support of FRSS, Taylor and her family didn’t just survive a crisis—they found a path to healing.

*\*Names and identifying details have been changed to protect privacy.*



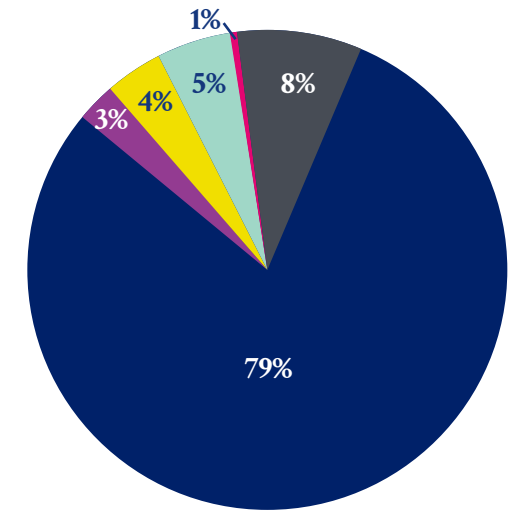
## Financials

CURRENT ASSETS	2024	2023
Cash and Cash Equivalents	\$ 15,980,395	\$ 12,809,325
Operating Investments	46,282,882	41,723,930
Accounts Receivable, Net	13,164,567	12,899,335
Grants Receivable	544,600	480,178
Promises to Give	245,022	446,148
Prepaid Expenses and Other Current Assets	2,087,260	570,809
<b>Total Current Assets</b>	<b>78,304,726</b>	<b>68,929,725</b>
NONCURRENT ASSETS		
Property and Equipment, Net	50,959,246	53,870,929
Related Party Receivable	—	840,727
Investments – Other Long-Term	593,445	398,118
Right-of-Use Assets	3,180,402	5,208,890
Other Assets	30,380	28,686
Assets Held for Sale	1,193,836	—
Goodwill	808,316	806,316
<b>Total Noncurrent Assets</b>	<b>56,765,625</b>	<b>61,153,666</b>
<b>Total Assets</b>	<b>\$ 135,068,351</b>	<b>\$ 130,083,391</b>
CURRENT LIABILITIES		
Current Portion – Bonds and Notes Payable	\$ 1,072,604	\$ 1,674,444
Accounts Payable, Other Accrued Expenses, and Other Liabilities	4,427,269	2,704,671
Related Party Payable	862,172	—
Contract Advance Payments	3,818,932	4,016,089
Accrued Salaries and Vacation	7,336,033	6,189,641
Current Maturities of Lease Liabilities	1,525,089	1,659,940
<b>Total Current Liabilities</b>	<b>18,862,099</b>	<b>16,244,785</b>
NONCURRENT LIABILITIES		
Bonds and Notes Payable, Net of Current Portion and Debt Issuance Costs	27,015,950	29,868,332
Lease Liabilities, Less Current Maturities	1,655,312	3,567,096
<b>Total Noncurrent Liabilities</b>	<b>28,671,262</b>	<b>33,435,428</b>
<b>Total Liabilities</b>	<b>47,533,361</b>	<b>49,680,213</b>
NET ASSETS		
Without donor restrictions	86,610,535	79,395,700
With donor restrictions	924,455	1,007,478
<b>Total Net Assets</b>	<b>87,534,990</b>	<b>80,403,178</b>
<b>Total Liabilities and Net Assets</b>	<b>\$ 135,068,351</b>	<b>\$ 130,083,391</b>

\*2023 and 2024 revenue includes unrealized gains and losses from the Nexus Family Healing long-term investment portfolio. The portfolio, like the market, experienced volatility in both years.

\*The operating activities of Nexus-Woodbourne Family Healing are not included in Nexus Consolidated Financial Statements as the entity has a different fiscal year from Nexus.

## Revenue

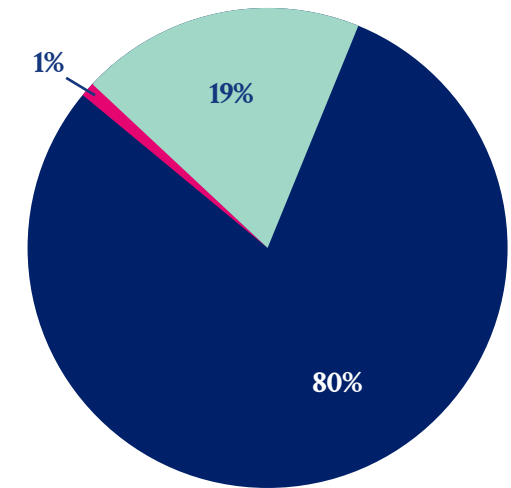


Contract	101,238,086
School	10,807,021
Program	403,773
Donations	6,976,927
Investment	4,683,584
Other	3,782,417

**Total** ..... \$127,891,808

\*Contract Revenue consists of Federal, State/County, Insurance and Private Party Payments

## Expenses



Program I treatment	96,348,467
Management and general	23,312,699
Fundraising	1,098,830

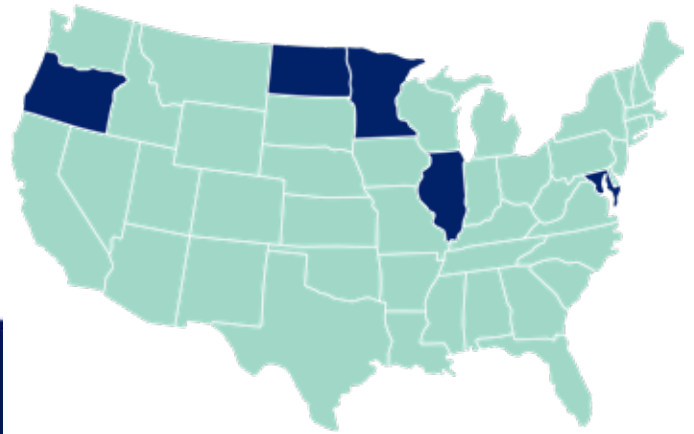
**Total** ..... \$120,759,996



# Thank You for Your Support!

No child or family is ever beyond hope.

Learn more about the states we serve and the programs available at **NexusFamilyHealing.org**.



## Connect with Us!



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[nexusfamilyhealing.org/subscribe](https://nexusfamilyhealing.org/subscribe) >>

Visit our website at **NexusFamilyHealing.org**



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Nexus Family Healing is a nonprofit organization and is a tax-exempt public charity under section 501(c)(3) of the Internal Revenue Code, EIN 41-1419064.