



Name: Emilee W.

Role: Clinical Intern

Nexus Family Healing Agency:
Nexus-FACTS

Educational Program: Master of Social Work at
Barry University

Responsibilities:

- Completing diagnostic assessments
- Parent coaching
- Psychoeducation
- Provide individual and family outpatient therapy
- Provide PASS day treatment program services

A Day in the Life of an Intern

What You Learned: I have learned a plethora of skills needed to be a successful therapist, such as how to complete diagnostic assessments, create individual treatment plans, administer outpatient therapy, end and close cases, collaborate care with clients' schools/other providers, and so much more. I have also expanded my knowledge of and ability to use therapy skills from various modalities, approaches, and theories, including play therapy, Conscious Discipline, art therapy, mindfulness-based cognitive therapy, the strengths approach, and Polyvagal Theory.

Current role and Future Goals: My goal is finish my MSW program, obtain my LGSW, and begin working toward my LICSW. I also hope to continue learning and growing as a trauma- and resilience-based therapist and continue developing my therapeutic approach.

“The experience I’ve gained at Nexus-FACTS as a future mental health practitioner has been incredibly valuable. Not only do I feel more confident in my ability to work in this field, but I have further developed a passion for both early childhood mental health work and working with others who are passionate about seeing children and families thrive.”