

Shopping Checklist for New Foster Parents

Hygiene

- ☐ Toothbrush
- ☐ Toothpaste (a couple different flavors)
- ☐ Face wash
- ☐ Shampoo/Conditioner (culturally appropriate)
- ☐ Body soap
- ☐ Loofah
- ☐ General hair product (cream or gel)
- ☐ Ponytail holders/bobby pins
- ☐ Deodorant
- ☐ Feminine hygiene products (as appropriate)
- ☐ Lotion
- ☐ Nail trimming kit
- ☐ Socks
- ☐ Bathrobe
- ☐ Towel

General Household

- ☐ First aid supplies
- ☐ Fire extinguisher
- ☐ Medication lock box
- ☐ Extra hooks/hangers
- ☐ Nightlights
- ☐ Snacks
- ☐ Batteries
- ☐ Family activity calendar for wall or fridge

Toys/Hobby Supplies

- ☐ Family friendly games (Uno, Monopoly, Sorry, Candyland, etc.)
- ☐ Puzzle books (word find, Sudoku, crosswords)
- ☐ Lego set
- ☐ Art supplies
- ☐ Pencils
- ☐ Notebooks/journals
- ☐ Headphones

Bedroom

- ☐ Youth friendly bedding
- ☐ Lamp
- ☐ Bookends or bookshelf with a few books
- ☐ Dresser or hangers to put away clothes
- ☐ A couple different pillows (for preference)
- ☐ Lounging blanket
- ☐ Radio/clock
- ☐ Soothing sound machine or fan
- ☐ Water bottle

