



A Day in the Life of an Intern

Name: Jacob M.

Role: Social Work Intern

Nexus Family Healing Agency:
Nexus-Indian Oaks

Educational Program: Bachelors in Social Work

Responsibilities:

- Shadow and observe the clinical team, floor staff, and case managers
- Lead youth group sessions about different strength-based approaches and narrative style reflection exercises
- Lead individual youth sessions

What You Learned: A common theme that has struck me is the power of acknowledging and understanding someone. I have been able to glean insight into the strengths and resiliency of many of the youth. There is something I can always learn from them. On the other hand, I have also learned the importance of boundaries and how to have a balance of being empathetic while also being an authority figure to hold them accountable while under program care. All in all, it has broadened my perspective of life and the value and uniqueness of each person, preparing me for future work in the field.

Current role and Future Goals: I am wrapping up my internship and about to graduate with my BSW, planning on beginning work as a Case Manager in a similar residential treatment facility.

“The power of understanding and acknowledgement allows you the opportunity to see through the other person’s eyes which may be the very key to truly help anybody.”