

A Day in the Life of an Intern

Name: Tamika B.

Role: Outpatient Therapist Intern

Nexus Family Healing Agency:

Nexus-FACTS

Educational Program: Master of Social

Work

Responsibilities:

- Provided in-office therapy to patients
- Provided in-home therapy to patients
- Worked with approximately nine families during time at Nexus

What You Learned: During my time at Nexus-FACTS Family Healing, I learned how to be an effective therapst and how to support people outside of immediate crisis situations. This experience allowed me to discover what therapeutic approaches work best for me and what therapeutic approaches do not align with my style.

Current role and Future Goals: I am currently serving as a Program Supervisor. This fall, I will begin my Doctor of Social Work program. Dr. Black loading!

"My internship taught me the value of meeting people where they are—not just in moments of crisis, but in their everyday challenges. That's where meaningful growth happens."

