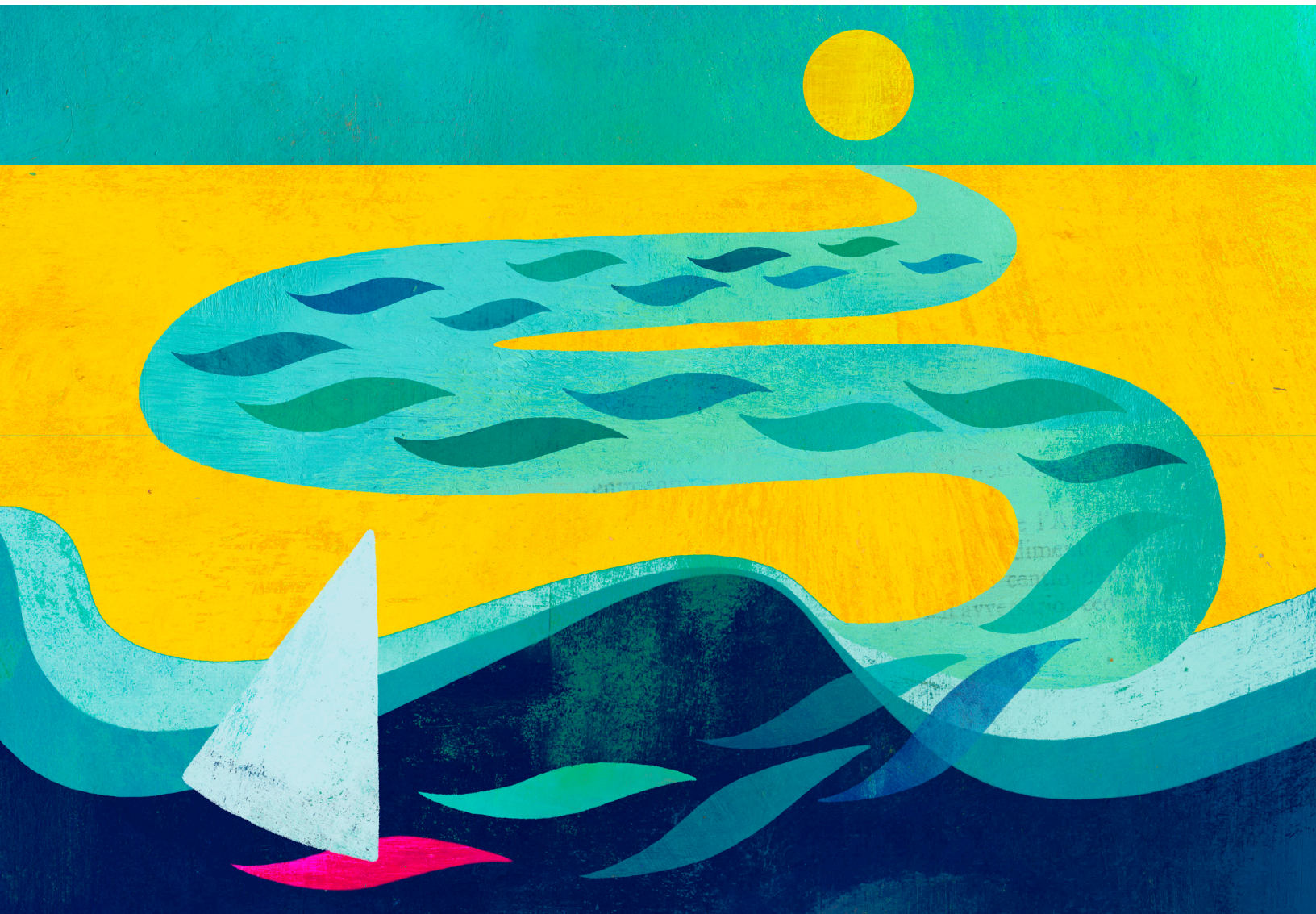




**Nexus-Woodbourne**  
FAMILY HEALING



2020 Annual Report



**JARRELL MCRAE**  
Executive Director  
Nexus-Woodbourne Family Healing



**DR. MICHELLE K. MURRAY**  
President/CEO  
Nexus Family Healing

## Facing the Unknown

As the nation faced an unprecedented healthcare crisis last year, Nexus-Woodbourne Family Healing never stopped serving the youth who count on us every day. As one of the few remaining private residential treatment facilities in the state of Maryland, it was essential we remain operational through the unknown path of the pandemic.

With COVID at our doorstep, we quickly shifted our daily processes and routines to ensure the safety and health of our youth, staff, and foster resource families. With these shifts in service, came unexpected needs and substantial expenses including critical technology requirements for items such as e-learning, telehealth, and virtual family visits as well as staffing expenses and personal protective equipment purchases.

Our supporters stepped up, not only to assist with technology needs, and PPE equipment, but with activities and supportive tools to keep youth calm, engaged and feeling valued despite social distancing. Our invested community constituents also supported our staff who worked tirelessly to maintain uninterrupted service delivery.

While there is no question the pandemic was a huge focus for our agency in 2020, we continued to make strides in other areas as well – specifically expanding our expertise in trauma-informed care across our campus. We conducted on-going training, brought in experts in the field of trauma to work with our staff, and formed an interdisciplinary trauma-informed committee ensuring that the clinical treatment provided to our youth and their families would support the healing of past events and movement towards the next chapter of their lives.

Without our dedicated staff and our generous donors, the critical services we provide to youth in need could have been at risk, leaving those who have already experienced trauma from community violence, poverty, abuse as well as sexual exploitation, nowhere else to turn.

Thank you for allowing us to continue restoring hope and reshaping futures for so many children and families during this challenging year.

Jarrell McRae  
Executive Director  
Nexus-Woodbourne Family Healing

Dr. Michelle K. Murray  
President/CEO  
Nexus Family Healing

# Rising to the Challenge

We are extremely grateful to all the donors, foundations and businesses that supported our youth and staff and helped Nexus-Woodbourne keep going throughout the pandemic. You made face masks, provided meals to our staff at times when access to restaurants was limited and helped ensure that our youth had extra on-campus activities and experiences (like an on-campus carnival!) to keep them busy when they were unable to venture out for community activities and events.



# Why Our Work Matters

Every year, **1 in 6 children experience a mental illness**, many not getting the help they need or receiving it years after diagnosis. In addition, the number of youth in the Baltimore area struggling from the negative outcomes of abuse and neglect continues to increase.

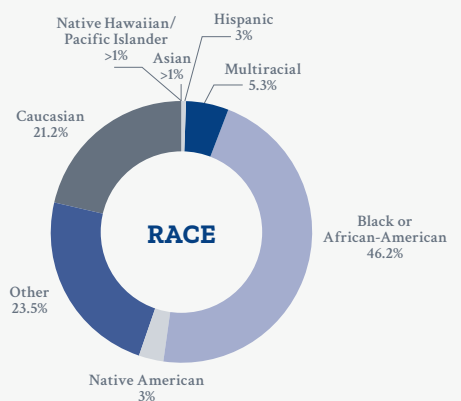
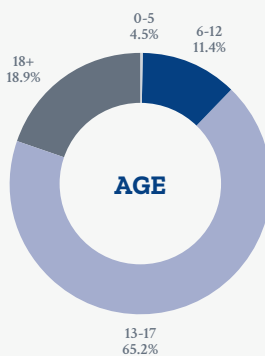
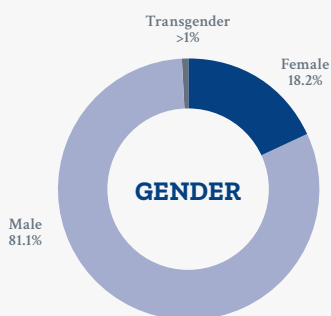
Nexus-Woodbourne works tirelessly to help youth find a path forward through our high-quality clinical care. Our Residential Treatment Center and Woodbourne School help youth, ages 12 to 18, who struggle with emotional and behavioral issues and can benefit from an educationally enriched and structured residential treatment setting. Our Treatment Foster Care program trains and licenses treatment foster care parents to provide in-home care to youth who need mental health services. And, our Diagnostic Center serves male, female, transgender, and non-conforming youth who have been or are at risk of commercial sexual exploitation.

**132** youth were served through residential care in 2020.



Providing a safe space for **48** youth in foster care through **19** licensed foster families.

## WHO WE SERVE



# Your Support Makes A Difference

The work we do at Nexus-Woodbourne Family Healing wouldn't be possible without the support of individuals who value making an immediate difference in the life of a child or family in crisis. Here are examples of how donations make a difference:

**\$250** provides gas cards and other resources that help support families during their child's care

**\$500** provides gardening supplies that allow youth to develop skills creating on-campus gardens

**\$1,000** furnishes an apartment with necessities for a youth aging out of foster care

**\$6,500** supports the recruitment and training of one foster family

**\$10,000** provides specialized training for a team of staff supporting youth in recovering from trauma

**\$25,000+** provides resources to update campus spaces and buildings to provide safe and welcoming environment for youth and their families



## A Legacy of Giving Back

Dorothy Krug was hired as a secretary for a small investment firm called T. Rowe Price in 1941. One of just five employees at that time, she later rose through the ranks to become the company's first female vice president before retiring in 1976. Dorothy was known for her passion for travel as well as giving back to the community. She was a dedicated Nexus-Woodbourne board member in the 1970s and 1980s, impacting hundreds of lives through her service.

Dorothy passed away at age 99 in June of 2020. Her final gift to the youth at Nexus-Woodbourne was a very generous gift from her estate, received at the end of one of the most difficult years any of us have likely encountered. We are so very grateful to Dorothy for her dedication to the youth and families who reach out to Nexus-Woodbourne during their most challenging times. Her foresight and thoughtful generosity made a difference even after she was no longer with us.

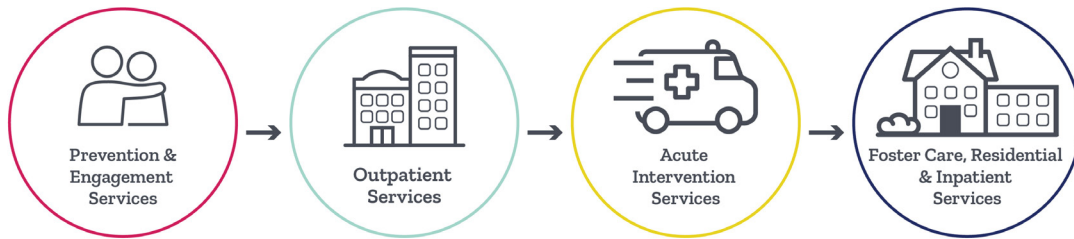
If you have considered including Nexus-Woodbourne in your estate plans or would like to learn more about supporting our work, please contact Meghan Butterworth, Regional Director of Development, at [mbutterworth@nexusfamilyhealing.org](mailto:mbutterworth@nexusfamilyhealing.org).

# Creating A Healthier Tomorrow

At Nexus-Woodbourne, we are full of hope for the future and know that with your support we can positively impact even more children, families and adults struggling with their mental health. We are focused on offering a Continuum of Care that reaches individuals when and where they need our services most. Our organization's history is deeply rooted in foster care and residential care. Over the next few years, we will expand our community mental health programs to include more prevention, outpatient, and intervention services – providing help earlier and averting the need for a more critical level of care later.

We are also taking our trauma-informed care to the next level, creating even safer, caring, and inclusive environments for all we serve. And we will implement new, innovative programs that wrap around the entire family, not just the individual.

## Continuum of Care



## Inspiring Youth with Purpose

Chris Wilson is a local author whose story resonates with many of the youth served at Nexus-Woodbourne Family Healing. Many staff members read Chris' book *The Master Plan: My Journey from Life in Prison to a Life of Purpose*, and hoped to bring him to campus to speak about his life experiences.

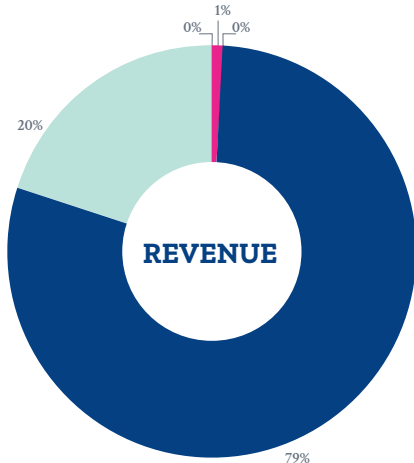
Chris grew up in a tough neighborhood in northeast Washington, D.C., surrounded by drugs, crime, and violence. By the age of 17, Chris had dropped out of school, watched his family fall apart after a horrific event, and was on his way to prison after taking a stranger's life. With a newfound determination to turn his life around, Chris attended weekly therapy and wrote a master plan for his life with goals to accomplish graduating high school and college, writing a book, and becoming a positive and active member of the community. With hard work and good behavior, Chris reduced his life sentence to serving 16 years in prison. Today, he is a Social Entrepreneur and business owner.



Knowing his story would be powerful for the youth to hear, Nexus-Woodbourne reached out to Chris to see how they could bring him to campus despite their inability to afford his speaking fees. Chris graciously decided to donate his time if Nexus-Woodbourne would purchase his book for all the youth to read ahead of time. Knowing they would need at least 50 books, they reached out to the Nexus Foundation for Family Healing for support. Thanks to Barnes & Noble, they were able to get the books at a discounted rate for their youth!

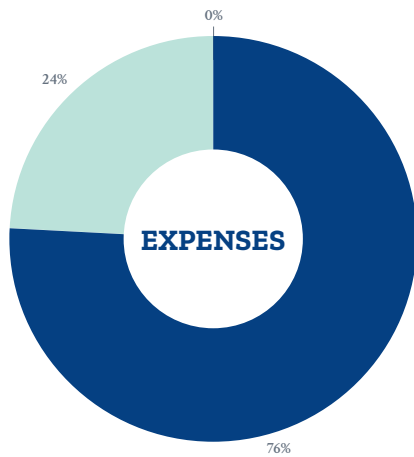
On the day Chris spoke at Nexus-Woodbourne, youth shared how reading his book inspired and impacted their lives. Our youth were excited to attend the lecture and were open, attentive, and asked lots of great questions. The opportunity to read this book and attend this event made a huge impact on our youth, allowing them to see firsthand that they can overcome their pasts and build a successful future.

# Financials



## Revenue

■ Contract Revenue .....	11,627,043
■ School Revenue .....	2,907,275
■ Program Revenue .....	52,347
■ Other .....	99,262
■ Donations, Grants, Events.....	45,704
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Total.....	14,731,631



## Expenses

■ Program .....	11,095,583
■ General and Administrative.....	3,486,817
■ Fundraising .....	6,847
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Total.....	14,589,247



## Board of Directors

**Dr. Michelle K. Murray,**  
Chairperson  
Nexus Family Healing,  
Chief Executive Officer

**Perry Bacon,**  
Vice-Chairperson  
William Blair,  
Managing Director

**Jennifer McIntosh,**  
Secretary  
Nexus Family Healing,  
Human Resources Officer

**Leslie Ashley,**  
Board Member  
William Blair,  
Sr. Investment Specialist

**Cale Christensen,**  
Board Member  
Whiting Turner,  
Vice President

**Joelene Evenson,**  
Board Member  
Nexus Family Healing,  
Senior Director of Development

**Cate Goytisolo,**  
Board Member  
McCormick & Company, Inc.,  
Sr. Product Manager

**Scott McGuire,**  
Board Member  
Nexus Family Healing,  
Chief Financial Officer

**Dr. Al Jones,**  
Board Member  
The U.S. Department of Education,  
Assoc. Div. Dir., OSEP

**Kevin Johnson,**  
Board Member  
The Johnson Leadership Group,  
Chief Executive Officer

**Bobbi Kochevar,**  
Board Member  
Nexus Family Healing,  
Chief Operations Officer

**Paula Minske,**  
Board Member  
Nexus Family Healing,  
Vice President of Clinical Services

**Greg Sanders,**  
Board Member  
North Dakota State University,  
Professor Emeritus

**Dr. Chevell Thomas,**  
Board Member  
US Dept of HHS, Engagement Team Lead  
at CMS

**Margaret Vimont,**  
Board Member  
Nexus Family Healing, Vice President  
of Strategy & Service Development



**Nexus-Woodbourne Family Healing**  
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Baltimore, MD 21239  
410-433-1000



## No child or family is ever beyond hope.

Nexus-Woodbourne Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies with over 45 years of restoring hope for thousands of children and families through outpatient/ community mental health services, foster care and adoption, and residential treatment. Whatever your needs, Nexus Family Healing is here to help. Learn more at [NexusFamilyHealing.org](https://NexusFamilyHealing.org).