



**Nexus-Woodbourne**  
**FAMILY HEALING**

*Restoring Hope. Reshaping Futures.*

**2019 Annual Report**



DR. MICHELLE K. MURRAY  
CEO/President  
Nexus Family Healing



JARRELL MCRAE  
Executive Director  
Nexus-Woodbourne Family Healing

## Changing. Growing. Together.

Every year, more and more children in the Baltimore and Maryland-Washington, DC area experience various forms of trauma. The number of youth struggling from the negative outcomes of abuse and neglect continues to increase. Families suffer, children suffer, and ultimately our communities suffer.

Nexus-Woodbourne, in its 200-year history, has a reputation of supporting youth with varying backgrounds and stories. Where others see problems, we see hope. We continue to develop new programs as the needs of the community change.

In 2019, through the generous support from community members, we extended our services to include serving youth who have been or are at risk of commercial sexual exploitation. Through our new Diagnostic Center, we have provided a safe environment where they can heal. The help offered by our trauma-certified therapists and psychologist, support youth in developing trusting relationships and building coping skills that will help them move forward successfully.

The dedication of our staff and the support of our community is critical in supporting existing programs and developing new ones, such as the Diagnostic Center. We gratefully acknowledge the contributions of our donors who make this work possible.

Together, we can restore hope to youth and families and create a healthier community.

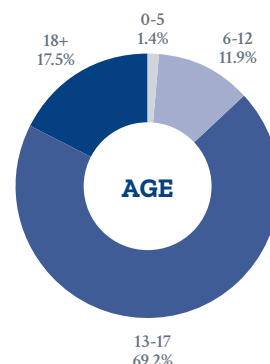
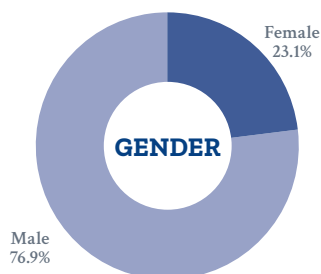
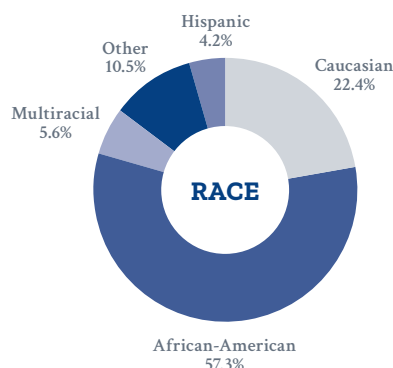
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## About Nexus-Woodbourne Family Healing

At Nexus-Woodbourne, children and families involved in the child welfare system, the juvenile justice system, and mental health programs are linked to a compassionate chain of adults who work together to provide high-quality clinical care. Our Residential Treatment Center and Woodbourne School help youth, ages 12 to 18, who struggle with emotional and behavioral issues and can benefit from an educationally enriched and structured residential treatment setting. Our Treatment Foster Care program trains and licenses treatment foster care parents to provide in-home care to youth who are in need of mental health services. And, our Diagnostic Center serves male, female, transgender, and non-conforming youth who have been or are at risk of commercial sexual exploitation. At Nexus-Woodbourne, we believe **every child** is worth it and **every family matters**. We see that each time we help a child change the course of their life, we create the potential for healthier families, stronger communities, and a better world. Simply put, changing one life changes everything.

### WHO WE SERVE



**143+** at-risk youth served in 2019

**29** caring foster homes provided safety to kids in need



### MISSION

Changing the course of a child's life by stabilizing families and strengthening mental health.

**“My child was highly resistant to treatment and Nexus-Woodbourne worked hard to help him.”**

**– Parent**

## Passion with Purpose

Brittany, a young African American woman suffering from extensive sexual trauma and abuse, was receiving intensive therapeutic intervention services at Nexus-Woodbourne. During Brittany's stay, she expressed an interest in becoming a social worker. Staff recognized her passion for wanting to help others and used it to build her self-confidence as well as empower Brittany to reach for the stars! Brittany learned about her community and the services offered to other young women with her similar experiences. She began a book club with her peers, and with support from her clinical staff and unit staff helped to share “Daily Affirmations” aimed at uplifting her peers.

Brittany was very proud to obtain the real-life skills she desired for independence. She even worked on creating a vision board to help her plan for future success in college and beyond. After graduating from Nexus-Woodbourne, she enrolled in a local high school and has since gained acceptance into a community college where she is studying Human Services & Administration.

Supporting youth in developing these key life skills, in addition to providing critical intensive therapeutic treatment, help our youth to continue to thrive after leaving Nexus-Woodbourne.





## How Our Youth Feel

90% Woodbourne taught me to deal with crisis

90% Feel good about how my therapist explained my treatment goals

90% Feel good about how I am dealing with personal problems



## VISION

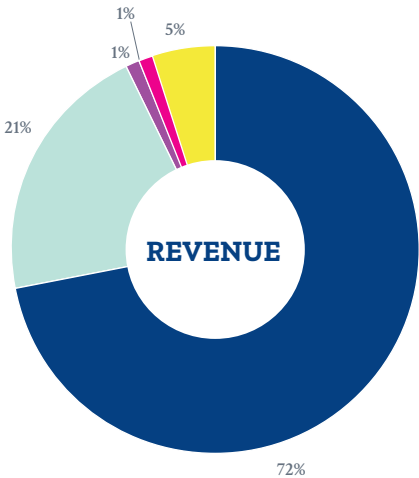
Healing the Past, Breaking the Cycle,  
Changing the Future

“I love watching clients achieve their goals and learn new skills.”

– Nexus-Woodbourne Staff Member

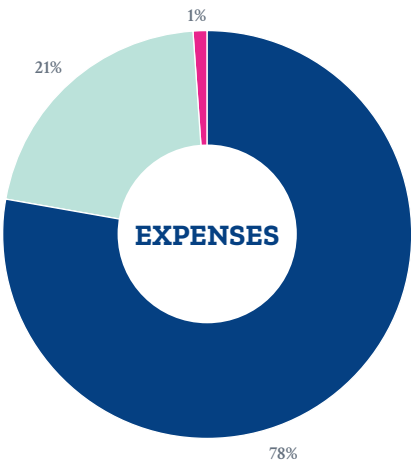


Financials



Revenue

Contract Revenue .....	8,739,761
School Revenue .....	2,573,203
Program Revenue .....	60,210
Other .....	63,993
Donations, Grants, Events.....	660,574
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Total.....	12,097,741



Expenses

Program .....	9,681,103
General and Administrative.....	2,631,340
Fundraising .....	97,977
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Total.....	12,410,420

# Board of Directors

**Dr. Michelle Murray**

Chairperson

**Perry Bacon**

Vice-Chairperson

**Rachel Ndungu**

Treasurer

**Cale Christensen**

Board Member/Director

**Scott McGuire**

Board Member/Director

**Joelene Evenson**

Board Member/Director

**Kevin Johnson**

Board Member/Director

**Bobbi Kochevar**

Board Member/Director

**Jennifer McIntosh**

Board Member/Director

**Paula Minske**

Board Member/Director

**Greg Sanders**

Board Member, Non-voting

**Margaret Vimont**

Board Member/Director



## VALUES

**Innovation, Compassion, Agility, Responsiveness, Excellence**  
**And, we execute on these values with synergy and grit.**



**Nexus-Woodbourne Family Healing**

1301 Woodbourne Avenue

Baltimore, MD 21239

410-433-1000

## No child is ever beyond hope.

Nexus-Woodbourne Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies with over 45 years of restoring hope for thousands of children and families through outpatient/community mental health services, foster care and adoption, and residential treatment. Whatever your needs, Nexus Family Healing is here to help. Learn more at [NexusFamilyHealing.org](https://NexusFamilyHealing.org).

Nexus Family Healing: Nexus-FACTS • Nexus-Gerard • Nexus-Indian Oaks • Nexus-Kindred • Nexus-Mille Lacs • Nexus-Onarga • Nexus-PATH • Nexus-Woodbourne